PERFORMANCE MEASUREMENT AND CLIENT TOOLS, POLICIES, AND PROCEDURES

# Assessment: Herth Hope Index Tool

Listed below are a number of statements. Read each statement and place an [X] in the box that describes how much you agree with that statement right now.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Strongly Disagree** | **Disagree** | **Agree** | **Strongly Agree** | **Item**  **Score** |
| 1. I have a positive outlook toward life. |  |  |  |  |  |
| 2. I have short and/or long range goals. |  |  |  |  |  |
| 3. I feel all alone. |  |  |  |  |  |
| 4. I can see possibilities in the midst of difficulties. |  |  |  |  |  |
| 5. I have a faith that gives me comfort. |  |  |  |  |  |
| 6. I feel scared about my future. |  |  |  |  |  |
| 7. I can recall happy/joyful times. |  |  |  |  |  |
| 8. I have deep inner strength. |  |  |  |  |  |
| 9. I am able to give and receive caring/love. |  |  |  |  |  |
| 10. I have a sense of direction. |  |  |  |  |  |
| 11. I believe that each day has potential. |  |  |  |  |  |
| 12. I feel my life has value and worth. |  |  |  |  |  |
| Total Score |  |  |  |  |  |

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1999 items 2 & 4 reworded

PERFORMANCE MEASUREMENT AND CLIENT TOOLS, POLICIES, AND PROCEDURES

# Assessment: Herth Hope Index Scoring Sheet

Scoring consists of adding up the points for the subscale and the total scale. Subscales are based on the three factors. The total possible number of points on the total scale is 48 points—the higher the score, the higher the level of hope for the client.

**Score items as follows (Note the following items need to be scored in reverse: 3, 6):**

Strongly Disagree = 1 Disagree = 2 Agree = 3 Strongly Agree = 4

Directions:

1. Score each item.
2. Write the score for each item in that row’s Item Score box.
3. Add up all the scores in the Item Score column to determine the Total Score.
4. Add up the scores in each column to determine subscale scores.

Listed below are a number of statements. Read each statement and place an [X] in the box that describes how much you agree with that statement right now.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Strongly Disagree** | **Disagree** | **Agree** | **Strongly Agree** | **Item**  **Score** |
| 1. I have a positive outlook toward life. | 1 | 2 | 3 | 4 |  |
| 2. I have short and/or long range goals | 1 | 2 | 3 | 4 |  |
| 3. I feel all alone. | 4 | 3 | 2 | 1 |  |
| 4. I can see possibilities in the midst of difficulties. | 1 | 2 | 3 | 4 |  |
| 5. I have a faith that gives me comfort. | 1 | 2 | 3 | 4 |  |
| 6. I feel scared about my future. | 4 | 3 | 2 | 1 |  |
| 7. I can recall happy/joyful times. | 1 | 2 | 3 | 4 |  |
| 8. I have deep inner strength. | 1 | 2 | 3 | 4 |  |
| 9. I am able to give and receive caring/love. | 1 | 2 | 3 | 4 |  |
| 10. I have a sense of direction. | 1 | 2 | 3 | 4 |  |
| 11. I believe that each day has potential. | 1 | 2 | 3 | 4 |  |
| 12. I feel my life has value and worth. | 1 | 2 | 3 | 4 |  |
| Total Score |  |  |  |  |  |

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